

Resultatliste

Øyern Rundt 2010

15.08.2010

Plass	Navn	Klubb	Distrikt	Tid	Etter
K20					
1	Katrine Hofstad	IF Frøy		3:57:40	
2	Mari Sjøberg	NOTEAM		3:57:42	00:02
3	Janne Sæther	Ullensaker CK		3:58:05	00:25
4	Johanna Røst Wehinger	Blaker IL		4:27:50	30:10
5	Silje Wahlund Guldhaug	Lørenskog ck		4:37:47	40:07
6	Nora Langballe Rosseland	NOTEAM		4:52:53	55:13
7	Camilla Marie Tranum	SK Rye		5:07:34	1:09:54
8	lise gabrielsen	NOTEAM		5:11:54	1:14:14
Antall	8	Påmeldte: 8	Startende: 8		
K30					
1	Susanne Wigene	NOTEAM		3:36:39	
2	Tine Chan	SK Rye		4:35:23	58:44
3	Inger Fretland	SK Rye		4:35:23	58:44
4	Beate Holm	Ullevål Sykkelklubb		4:37:47	1:01:08
5	Monica Godtfredsen	Lørenskog Sykkelklubb		4:37:47	1:01:08
6	Julie Retvik	NOTEAM		4:50:20	1:13:41
7	Camilla Meyer	Team foss sport		4:59:55	1:23:16
8	Lise Anette Rekdal	Team foss sport		5:02:05	1:25:26
9	Rubi Moen	Team Foss Intersport		5:02:08	1:25:29
Antall	9	Påmeldte: 10	Startende: 9		
K40					
1	Carla Kimmels - de Jong	BOC		3:58:20	
2	Christin Becker	IF Frøy		4:02:07	03:47
3	Hanne Eldby	IF Frøy		4:11:02	12:42
4	Grethe Østby Stave	Østmarka IL		4:18:09	19:49
5	Lena J Brodal	Trygdebakken IL		4:31:23	33:03
6	Elisabeth Wennevold	Lørenskog ck		4:37:47	39:27
7	Ingunn Wike	Team foss sport		5:01:08	1:02:48
8	Kristin Biller	NOTEAM		5:02:07	1:03:47
9	Tine Skogli Pedersen	Team foss sport		5:02:07	1:03:47
10	Anne-Björg Wangensteen	Adecco		5:02:08	1:03:48
11	Liv-Karin Sande	Lævæggene		5:06:09	1:07:49
12	Eldbjørg Svare Grøndahl	Lørenskog ck		5:09:50	1:11:30
13	Lill Hoffmann	Team Teneo		5:20:13	1:21:53
14	Mette S Hoel	Lørenskog ck		5:20:13	1:21:53
Antall	14	Påmeldte: 15	Startende: 14		
K50					
1	Kjell Arild Bakken	Kolbotn Sk		3:36:30	
2	Håkan Spång	SK Ceres		3:57:35	21:05
3	Ragnhild Vilming	IF Frøy		4:03:05	26:35
Antall	3	Påmeldte: 3	Startende: 3		
M17					
1	Andre Bratli	Nes Sykkelklubb		3:23:51	
2	Ole-Marius Germundson	Heming IL		3:35:43	11:52
3	Martin Thoen	Leirsund IL		4:18:07	54:16
4	Tommy Nordheim Helstad	Lørenskog ck		4:37:47	1:13:56
DNF	Pål Flåttum	CK Toten-Tråkk			
Antall	5	Påmeldte: 5	Startende: 5		

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M20					
1	Espen Helgesen	Lørenskog ck		3:22:09	
2	Lars-Ove Thoresen	Østmarka IL		3:22:21	00:12
3	Peder Stadaas	USK/Milslukern		3:22:29	00:20
4	Håkon Lilland	Team Bikeshop.no		3:22:31	00:22
5	André Jonassen	SK Rye		3:22:39	00:30
6	Erlend Lausund	NTNUI		3:22:47	00:38
7	Kristian Oftedal	NTNUI		3:22:53	00:44
8	Espen Rygge	IF Frøy / Møller Bil		3:22:58	00:49
9	Oddvin Offigstad	Lillehammer CK		3:23:00	00:51
10	Steffen Hovland	Mædicinernes		3:23:04	00:55
11	Vidar Gårdsvoll	SK Rye		3:23:05	00:56
12	Emil Unaas	SK Rye		3:23:14	01:05
13	Stian Reistad Røgeberg	Asker CK		3:23:19	01:10
14	Marius Heier	SK Rye		3:23:21	01:12
15	Erik Kay	Follo CK		3:23:25	01:16
16	Gard Jonas Moen Gabrielsen	SK Rye		3:23:26	01:17
17	Marius Amundsen	Statoil BIL		3:23:33	01:24
18	Aleksander Svartsund	Ceres		3:23:41	01:32
19	Lille Alex Ceselli	CK Oslofjord		3:23:50	01:41
20	Espen Unaas	Unaas Cycling		3:23:53	01:44
21	Kjartan Pedersen Gurholt	Fana IL		3:23:57	01:48
22	Ola Røkke	Team Krank Gewesen		3:25:18	03:09
23	Stian Sande	Team Krank Gewesen		3:25:25	03:16
24	Kristian Østlie	SK Ceres		3:26:18	04:09
25	John Arne Stern	CK Nittedal		3:28:39	06:30
26	Fredrik Østby	BOC		3:33:06	10:57
27	Kristian Haugstvedt	OSI sykkel		3:33:57	11:48
28	Lars Lysø Marthinsen	Torshov Sport		3:35:04	12:55
29	Simen Enger	Lørenskog ck		3:35:45	13:36
30	Christoffer Lange	Skøya Test Team		3:35:52	13:43
31	Marius Vedum Thomassen	IK Hero		3:36:51	14:42
32	Alexander Bøe	OSI sykkel		3:37:14	15:05
33	Truls Altenborn	Moss CK		3:39:49	17:40
34	Leif Welhaven Iøchen	BOC		3:43:15	21:06
35	Lars Blesvik	Nemo Cycling Team		3:50:49	28:40
36	Bård Bråby	IF Frøy		3:52:11	30:02
37	Håvard Mork	SK Rye		3:52:13	30:04
38	Jon Arve Wålberg	Eidsvoll SK		3:54:20	32:11
39	Tore Larsen	NOTEAM		3:54:20	32:11
40	Erling Faugstad	NOTEAM		3:54:45	32:36
41	gisle jacobsen	SHRT		3:55:09	33:00
42	Fredrik Gromsrud	Anton Sport		3:57:35	35:26
43	Magnus Aasrum	OSI sykkel		3:57:41	35:32
44	Ole Johan Østberg	Spydeberg IL		3:58:09	36:00
45	Jørund Evjen Valestrand	Nordmarka Playboys		3:58:21	36:12
46	Christian Vilming	IF Frøy		3:58:24	36:15
47	Kenneth Sandberg	Kolbotn Sk		3:58:56	36:47
48	Lars Erik Andersen	Astana		3:59:00	36:51
49	Anders Fjeld Meyer	OSI sykkel		3:59:17	37:08
50	John Øivind Hauge	Anton Sport		3:59:44	37:35
51	Johan Aldahl	Bergen CK		4:00:17	38:08
52	Haakon Mølster	OSI sykkel		4:01:59	39:50
53	Simen Gjulem	FSC Fram		4:02:40	40:31
54	Martin Kristoffer Andersen	NOTEAM		4:05:38	43:29
55	Espen Rise Halstensen	NOTEAM		4:09:49	47:40
56	Jan Ruben Snopestad	Østbygda IL		4:10:50	48:41
57	Erik Digerud	Torshov Sport		4:13:51	51:42

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M20					
58	Lars Alexander Garman	Lørenskog ck		4:14:46	52:37
59	Mats Pettersen	Nokia Norge		4:16:47	54:38
60	Pål Christian Baugerød	Logica BIL		4:16:54	54:45
61	Håkon Alfheim	IF Frøy		4:20:46	58:37
62	Lars Christian Hellevik	NOTEAM		4:43:20	1:21:11
63	Joakim Johansen	SK Rye		5:01:29	1:39:20
64	alexander johnsen	NOTEAM		5:11:54	1:49:45
DNF	Jørgen Østby	White Knigth CK		2:14:08	
Antall	65	Påmeldte: 71	Startende: 68		

M30					
1	Henrik Alpers	BOC		3:22:20	
2	Espen Opheim	SK Rye		3:22:37	00:17
3	Øyvind Gravem	Eidsvoll SK		3:22:38	00:18
4	Stefan Ihlen	SK Ceres		3:22:46	00:26
5	jan tore aase	Skårer Ck		3:23:01	00:41
6	Ole Stig Bjørhovde	OPIL		3:23:02	00:42
7	Christer Opsann	BOC		3:23:03	00:43
8	Paulsen Truls	BOC		3:23:03	00:43
9	Arne SÆTERBAKKEN	SK Rye		3:23:06	00:46
10	Henrik Østerman	Follo CK		3:23:10	00:50
11	Lasse Obrestad	Team Krankgewsen		3:23:11	00:51
12	Øyvind Ripel	ABB BIL		3:23:15	00:55
13	Marius Jørgensen	SK Rye		3:23:23	01:03
14	Marcus Smestad	OSI sykkel		3:23:24	01:04
15	Helge Aamodt	OSI sykkel		3:23:26	01:06
16	Ståle Ingebrigtsen	SK Rye		3:23:28	01:08
17	Frode Lillehaug	Romeriksåsen SK		3:23:33	01:13
18	Andreas Hallingstad	BOC		3:23:34	01:14
19	Leif Hertenberg	BOC		3:23:34	01:14
20	Joachim Olsvik	SK Rye		3:23:37	01:17
21	Anders Nermoen	OSI sykkel		3:23:38	01:18
22	Aleksander Gulbrandsen	SK Rye		3:23:40	01:20
23	Martin Grfalk	BOC		3:23:40	01:20
24	Ole Einar Småkasin	SK Rye		3:23:42	01:22
25	Knut Fredrik Sollien	SK Rye		3:23:49	01:29
26	Aleksander Stijelja	Team Kjekkas		3:23:51	01:31
27	Thomas Pettersen	Team foss sport		3:23:52	01:32
28	Tommy lie	NOTEAM		3:23:53	01:33
29	Olav andree Brevik	Follo SK		3:24:02	01:42
30	Stig Salater	SK Rye		3:24:02	01:42
31	Håvar Kvisberglien	SK Rye		3:24:51	02:31
32	Ståle Berg	SK Rye		3:25:37	03:17
33	Geir Pettersen	SK Rye		3:26:02	03:42
34	tormod eriksen	NOTEAM		3:26:16	03:56
35	Sigbjørn Hagaseth	Spinnvill		3:27:03	04:43
36	Anders Lindstad	ABC Startsiden BIL		3:28:09	05:49
37	Erik Strandli	SK Ceres		3:33:29	11:09
38	Rune Wiig	Follo SK / Veidekke BIL		3:33:34	11:14
39	Bjørn Lier	NOTEAM		3:35:29	13:09
40	Eirik Olsen	SK Rye		3:35:39	13:19
41	Erik Theiller	NOTEAM		3:35:48	13:28
42	silvio büttner	USK		3:35:52	13:32
43	Mathias Nedrebø	SK Rye		3:35:53	13:33
44	Christian Haugen	MapMyRide		3:35:57	13:37
45	Tommy Hagen	Notodden SK		3:36:26	14:06

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M30					
46	Geir Wiggen	Moss CK		3:36:51	14:31
47	Jone Hesjedal	NOTEAM		3:37:18	14:58
48	Eivind Bergkåsa	SK Rye		3:38:32	16:12
49	Stian Chan	SK Rye		3:38:59	16:39
50	Ole Petter Storstad	SK Rye		3:40:52	18:32
51	Kjetil Mygland	Samfunnsfilosofisk		3:41:31	19:11
52	Øistein Johnsen	SK Rye		3:42:05	19:45
53	Lasse Bråten	TFS		3:42:24	20:04
54	Hans Otto Tomter	NOTEAM		3:43:41	21:21
55	Jarle Richter Flaata	NOTEAM		3:47:18	24:58
56	Vegard Østhagen	IF Frøy		3:47:18	24:58
57	Morten Jensen	SK Rye		3:49:00	26:40
58	Torstein Brandrud	Samfunnsfilosofisk		3:50:55	28:35
59	Harald Kristiansen	SK Rye		3:52:24	30:04
60	Martin H. Andresen	NOTEAM		3:54:27	32:07
61	Vegard Sundaasen	SpareBank 1		3:54:57	32:37
62	Jan Nilsen	Famosa Test Team		3:55:08	32:48
63	ANDERS KATHRUD	NOTEAM		3:57:33	35:13
64	Thomas Leirset	IF Frøy		3:57:39	35:19
65	Børge Johnsen	Ergogroup BIL		3:57:53	35:33
66	Rune Berg	SK Rye		3:58:20	36:00
67	Mattias Brattstrøm	CK Nittedal		3:58:27	36:07
68	Asle Løvik	SK Rye		3:58:50	36:30
69	Per Thomas Hemsborg	NOTEAM		3:59:02	36:42
70	Thomas Hermansen	SK Rye		3:59:05	36:45
71	Leif Monsen	SK Rye		3:59:06	36:46
72	Jonas Christensen	SK Rye		3:59:22	37:02
73	Roy Hansen	Bocata		4:00:13	37:53
74	Jørn-Arve Pedersen	Lørenskog ck		4:00:25	38:05
75	Thomas Holte	Hydro BIL		4:00:52	38:32
76	Erik Berg	SK Ceres		4:01:26	39:06
77	Eirik Kittelsen	Follo CK		4:02:27	40:07
78	kristian götz	Team Kjekkas		4:03:06	40:46
79	Øistein Heni Olsen	SK Rye		4:04:34	42:14
80	Bjørn Tore Foss	Sagene IF / Ernst &		4:04:42	42:22
81	Hans-Even Aamodt	NOTEAM		4:05:47	43:27
82	Rune Bjaarstad	No Name		4:06:48	44:28
83	Kenneth-André Dahler-Hansen	Spydeberg IL		4:09:07	46:47
84	Lars Løken	Esso Sport		4:09:24	47:04
85	Tom Erik Aabø	Tekna BIL		4:09:48	47:28
86	Fredrik Nensin Berg	SK Rye		4:11:02	48:42
87	Rune Hensel	General Motors Norge		4:11:25	49:05
88	Jan Myhrvoll	Ceres		4:12:58	50:38
89	Thor Audun Saga	BOC		4:15:54	53:34
90	Lasse Stavdal	NOTEAM		4:17:27	55:07
91	Khai Nguyen	SK Ceres		4:18:32	56:12
92	Tor Erling Hestø	NOTEAM		4:21:45	59:25
93	Oddgeir Furu	Hydro BIL		4:24:32	1:02:12
94	hans henrik ander	Scuderia rupicapra		4:24:35	1:02:15
95	Per Hagen	Logica BIL		4:26:30	1:04:10
96	Trygve Lie	Scuderia		4:27:11	1:04:51
97	Tore Lie	Scuderia		4:27:20	1:05:00
98	Erik Aasrud	SK Ceres		4:28:19	1:05:59
99	Jim Nordli	Scuderia Rupicapra/		4:28:25	1:06:05
100	Espen Nilsen	SK Ceres		4:29:17	1:06:57
101	Paul Vikse	NOTEAM		4:30:04	1:07:44
102	Geir Tonny Brovold	Scuderia rupicapra		4:31:06	1:08:46

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M30					
103	Tommy Pedersen	SK Rye		4:32:41	1:10:21
104	Tore Sand	SKF Norge AS		4:32:50	1:10:30
105	Lasse Magnussen	Fjellfoten SK		4:33:08	1:10:48
106	Øystein Hågbo	Follo CK		4:35:46	1:13:26
107	Tor-Erik Berg	SK Rye		4:37:03	1:14:43
108	Henrik Børke	Lørenskog ck		4:37:47	1:15:27
109	Kai Håkon Wilhelmsen	Famosa Test Team		4:38:55	1:16:35
110	Runar Emmel Hansen	IF Frøy		4:39:55	1:17:35
111	Gunnar Thorvaldsen	Eidsvoll SK		4:47:21	1:25:01
112	Morten Kristoffersen	Fenistra BiL		4:47:21	1:25:01
113	Jonny Martinsen	Hobøl		4:51:13	1:28:53
114	Per Erik Wilsbeck	Scuderia rupicapra		4:59:29	1:37:09
DNF	Jan Pinslund	Asker CK			
DNF	espen østvang	Eidsvoll SK		1:14:54	
DNF	Roar Sager	IF Frøy		1:16:35	
DNF	Magnus Rosen	Ullevål SK		3:43:36	
Antall	118	Påmeldte: 125	Startende: 121		

M40					
1	Bjørn Furu	Romeriksåsen SK		3:22:59	
2	Vegard Aaløkken	IF Frøy		3:23:02	00:03
3	Ronny Belaska	Hoc		3:23:04	00:05
4	Anders Huus	SK Ceres		3:23:04	00:05
5	Dag Lyster	Team Nutriway		3:23:06	00:07
6	Hans Fredrik Johansen	SK Rye		3:23:08	00:09
7	Dag Haaker	SK Ceres		3:23:11	00:12
8	Arild Skjold	IF Frøy		3:23:12	00:13
9	Øyvind Søgaard	Skårer Ck		3:23:13	00:14
10	Steinar Tømmerås	Kolbotn Sk		3:23:16	00:17
11	Tommy Torgersen	Eidsvoll SK		3:23:17	00:18
12	Hans-Christian Francke	BOC		3:23:22	00:23
13	Bjørn Nyland	Team foss sport		3:23:23	00:24
14	Odd Jørgen Ottesen	Bingsfoss SK		3:23:27	00:28
15	Ketil Dokset	OSI sykkel		3:23:28	00:29
16	Odd Willy Brude	BOC		3:23:34	00:35
17	Jan Aasen	CK Toten-Tråkk		3:23:34	00:35
18	Erlend Edvardsen	Bingsfoss SK		3:23:35	00:36
19	Bård Idås	SK Rye		3:23:40	00:41
20	Geir Sundin	Ullevål SK		3:23:41	00:42
21	John Arild Ringen	SK Ceres		3:23:42	00:43
22	Are Muri	BOC		3:23:46	00:47
23	kjetil Kviseth	Team foss sport		3:23:51	00:52
24	Cato Rokne	SK Rye		3:23:52	00:53
25	Willy Nordnes	SK Rye		3:23:52	00:53
26	Hans-Jørgen Engen	SK Ceres		3:23:54	00:55
27	John K. Bøe	NOTEAM		3:23:54	00:55
28	Roger Eivertsen	SK Rye		3:24:09	01:10
29	Bjørn Kåre Amdal	BOC		3:25:32	02:33
30	Harald Sund	Østmarka IL		3:33:28	10:29
31	Egil Olsen	Kolbotn sykkelklubb		3:33:34	10:35
32	Tore Grødem	Tønsberg Sykkelklubb		3:33:44	10:45
33	Stein Eriksen	Ullensaker CK		3:33:49	10:50
34	Trond Haugen	Team foss sport		3:34:02	11:03
35	Terje Bernton	SK Ceres		3:34:14	11:15
36	Espen Henriksen	CK Toten-Tråkk		3:34:26	11:27
37	Bent Hagen	OSL B.I.L		3:35:35	12:36

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M40					
38	Charles Ulriksen	Follo Sykkelklubb		3:35:41	12:42
39	Gunnar Ligaarden	SK Rye		3:35:50	12:51
40	Lars Folke Nordmark	SK Rye		3:35:51	12:52
41	Stein Tveraaen	IF Frøy		3:35:52	12:53
42	Arne Hanssen	IF Frøy		3:36:06	13:07
43	Jan Roger Lykkeslett	Ceres		3:36:09	13:10
44	Jon-Ivar Lund	SK Rye		3:36:13	13:14
45	Knut Ellingsberg	Drøbak SK		3:36:16	13:17
46	Trond Pedersen	Team foss sport		3:36:17	13:18
47	Jørn Andersen	SK Rye		3:36:26	13:27
48	Håvard Ramstad	Romeriksåsen SK		3:36:31	13:32
49	Erlend Leganger	NOTEAM		3:36:32	13:33
50	Steinar Knutsen	IF Frøy / OK BIL		3:36:37	13:38
51	Erik Scheflo	SK Ceres		3:42:25	19:26
52	Åsmund Fostervold	Frikransen		3:42:35	19:36
53	Jan Tore Kristiansen	Kolbotn Sk		3:42:55	19:56
54	Trond Stabell	CK Toten-Tråkk		3:43:02	20:03
55	stian håkonsen	foss sport		3:43:41	20:42
56	John Tuflått	Ceres		3:50:50	27:51
57	Erik Lekvold	Team Foss		3:50:54	27:55
58	Cato Myklebust	SK Ceres		3:50:54	27:55
59	Martin Frank	NOTEAM		3:51:19	28:20
60	Sverre Berg	Bravida		3:51:36	28:37
61	Jonny Høyby	NOTEAM		3:52:11	29:12
62	kenneth vegstein	SK Rye		3:52:42	29:43
63	Anders Jeppesen	Lævæggene		3:54:00	31:01
64	Ole Martin Mæland	IF Frøy		3:55:15	32:16
65	Tore Nasset	CK Toten-Tråkk		3:55:24	32:25
66	Andre Jean	G-Sport		3:56:09	33:10
67	Lars Evensen	Team foss sport		3:57:35	34:36
68	Tormod Guldvog	IF Frøy		3:57:39	34:40
69	Johnny Rognså	IF Frøy		3:58:03	35:04
70	Dagfinn Forsaa Andersen	NOTEAM		3:58:20	35:21
71	Lars Stenmark	Ceres		3:58:23	35:24
72	Kjell Arne Øien	IF Frøy		3:58:28	35:29
73	Peter Jensen	IF Frøy		3:58:42	35:43
74	Øyvind Hirkjølén	Bingsfoss		3:58:53	35:54
75	Øyvind Øen Danielsen	IF Frøy		3:59:02	36:03
76	Steinar Opsahl	Multiconsult		3:59:18	36:19
77	Bjørn Solberg	SK Rye		3:59:22	36:23
78	Erik Øystein Johansen	SK Rye		3:59:29	36:30
79	Rune Bjørnø	Esso Sport		4:00:13	37:14
80	Øystein Nilsen	SK Rye		4:02:01	39:02
81	Gisle Kogstad	Team foss sport		4:02:04	39:05
82	Baard wright	kolbotn		4:03:11	40:12
83	Thor-Kristian Sundquist	SK Ceres		4:10:20	47:21
84	Tore Marthinsen	SK Rye		4:11:21	48:22
85	Frank Frestad	BOC		4:18:27	55:28
86	svein langeland	NOTEAM		4:21:19	58:20
87	Arild Unnestav	Smaalenene Sykkelklubb		4:23:21	1:00:22
88	Thor Henry Wathne	Multiconsult		4:26:29	1:03:30
89	Øyvind Holterhuset	SK Ceres		4:28:19	1:05:20
90	Ole-Martin Gaarder	LHK		4:29:38	1:06:39
91	Jan Erik Eldby	Bucata		4:29:58	1:06:59
92	Knut Ludvigsen	Team Foss Intersport		4:30:57	1:07:58
93	Egil Knapper	Team Håpløs		4:31:23	1:08:24
94	Steinar Eriksen	Kolbotn Sk		4:36:38	1:13:39

Resultatliste

Øyern Rundt 2010

15.08.2010

Plass	Navn	Klubb	Distrikt	Tid	Etter
M40					
95	Trond Gundersen	Lørenskog CK / MMC		4:37:47	1:14:48
96	Nils-Erik Drevsjømoen	Scuderia Ruprocara		4:45:15	1:22:16
97	Tommy Holen	SKF Norge AS		4:46:52	1:23:53
DNF	Dag Kristen Solberg	BOC			
DNF	Øivind Thorvald Due Trier	OSI		3:57:58	
Antall	99	Påmeldte: 105	Startende: 102		

M50					
1	Arne Jørgen Kildahl	SK Ceres		3:22:57	
2	Håvar Hilde	SK Rye		3:23:03	00:06
3	Bjørnar Andersen	CK Nittedal		3:23:50	00:53
4	Geir Nordeng	Asker CK		3:23:51	00:54
5	Aasmund Bjørnstad	Ceres		3:23:51	00:54
6	John Holmstul	Team RPM		3:23:56	00:59
7	Roald Wold	SK Rye		3:24:16	01:19
8	Leif Hanssen	Ceres		3:33:35	10:38
9	Trygve Moe	Friskvernklinikken		3:35:52	12:55
10	Pål Nilsen	Moss CK		3:35:53	12:56
11	Morten Armyr	IF Frøy		3:35:57	13:00
12	Jarle Dreierstad	kondis		3:36:15	13:18
13	Tore J. Berg	Ceres		3:42:42	19:45
14	Bjørn Bolstad	Team Foss Intersport		3:43:22	20:25
15	Robin Motrøen	Asker CK		3:44:02	21:05
16	Ove Olstad	Kolbotn Sk		3:51:05	28:08
17	Halvor Tolpinrud	Sparebank 1		3:55:07	32:10
18	Håkon Wibstad	Höegh Sport		3:57:49	34:52
19	THOR ENGH	SK Ceres		3:58:11	35:14
20	Jan Erik Petersen	Team Foss		3:58:59	36:02
21	Erik Kay	IF Frøy		3:59:12	36:15
22	Bjørnar Sæther	Team foss sport		3:59:34	36:37
23	Roar Vilming	IF Frøy		3:59:47	36:50
24	Per Laudal	IF Frøy		4:01:49	38:52
25	Stein Thoen	Leirsund IL		4:03:22	40:25
26	Rune Frøshaug	Ceres		4:10:10	47:13
27	Tommy Kristoffersen	Ceres		4:10:40	47:43
28	Bjørn Keiserud	SK Ceres		4:28:19	1:05:22
29	Edgar Sande	NOTEAM		4:31:51	1:08:54
30	Bård Brekke	Kolbotn Sk		4:35:08	1:12:11
31	Jan Gulliksen	Lørenskog ck		4:40:06	1:17:09
32	Jørn Brath	SK Rye		5:00:38	1:37:41
33	Frank Guneriussen	Atea		5:03:47	1:40:50
Antall	33	Påmeldte: 34	Startende: 34		

M60					
1	Harald Schønning	IF Frøy		3:50:58	
2	Stig Arne Bjørgan	Kolbotn sykkelklubb		3:58:56	07:58
3	Thor Bie	SK Ceres		4:33:55	42:57
4	Arne Elverhøy	Follo CK		4:34:26	43:28
5	John Kjoss	Oslo Vann- og		5:06:56	1:15:58
6	Ingvard Frøyland	Eramet BIL		5:10:20	1:19:22
Antall	6	Påmeldte: 8	Startende: 7		