

Resultatliste

Nordmarka Rundt 2010

23.05.2010

Class	Navn	Klubb	Distrikt	Tid	Etter
K20					
1	Line Garthe Johannessen	Studentsamskipnaden i		6:07:19	
2	Marte Knutsson	Studentsamskipnaden i		6:07:19	00:00
3	Ann-Kristin Skårstad Sund	Studentsamskipnaden i		6:07:19	00:00
4	Camilla Marie Tranum	OKBIL		6:53:18	45:59
Antall	4	Påmeldte: 5	Startende: 5		
K30					
1	Celine Monrad-Haslum	CK Nittedal		4:38:56	
2	Anne Signe Been	Moss CK		4:41:04	02:08
3	Anette Racer-Farth	Nittedal		4:43:06	04:10
4	Victoria Janitz	Moss CK		4:52:23	13:27
5	Nina Blakkisrud	SK Ceres		4:58:52	19:56
6	Helena Nilsson	Aker Solutions BIL		5:06:39	27:43
7	Hanne Tærum	SK Ceres		5:16:12	37:16
8	Rubi Moen	OsloSportslagerBIL		5:53:31	1:14:35
9	Cecilie Kamsvåg	SK Rye		6:02:28	1:23:32
10	Sara Bruvoll	Studentsamskipnaden i		6:07:19	1:28:23
11	Gunnhild Digernes	Studentsamskipnaden i		6:07:19	1:28:23
DNF	Lene Vissebråten	Andebarkji TSK		2:03:21	
Antall	12	Påmeldte: 14	Startende: 14		
K40					
1	Heidi Holmerud	CK Nittedal		4:20:56	
2	Christin Becker	IF Frøy		4:28:52	07:56
3	Jannicke Kalland	Frøy		4:52:57	32:01
4	Anne Katrine Gamre	Østmarka		5:08:52	47:56
5	Tone Åril Lilleaas	SK Ceres		5:16:12	55:16
6	Lene Østberg	IF Frøy		5:47:10	1:26:14
7	Hanne Eldby	SK Rye		5:56:45	1:35:49
8	Donna Galway	SK Rye		7:30:04	3:09:08
Antall	8	Påmeldte: 8	Startende: 8		
K50					
1	Ragnhild Vilming	IF Frøy		4:19:56	
2	Ingvill Merete Stedøy-Johansen	IF Frøy		4:43:41	23:45
3	Tove Helene Øveraas	IF Frøy		6:17:17	1:57:21
Antall	3	Påmeldte: 3	Startende: 3		
M17					
1	Eivind Bjørnerud	SK Rye		4:37:12	
2	Ole-Marius Germundson	Heming IL		4:58:10	20:58
3	Carl Jenssen	Kolbotn SK		5:54:54	1:17:42
Antall	3	Påmeldte: 3	Startende: 3		
M20					
1	Pål Andre Løberg	SK Rye		3:51:20	
2	André Jonassen	SK Rye		3:52:33	01:13
3	Per Arvid Gimre	SK Rye		3:52:36	01:16
4	Morten Simonsen	Ullevål SK		3:57:14	05:54
5	Ole Christian Mork	Ullevål SK		3:57:14	05:54
6	Øyvind Johannessen	Østmarka IL		3:57:14	05:54

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M20					
7	Kim Andre Hansen	Team Nedre Buskerud		3:57:44	06:24
8	Magnus Ristvedt	Ullevål SK		4:04:16	12:56
9	Per Martin Lund	Team Nedre Buskerud		4:05:15	13:55
10	Jo Nordskar	NOTEAM		4:11:18	19:58
11	Stian Petersen	SK Rye		4:14:40	23:20
12	Martin Nyenget	Ullevål SK		4:17:13	25:53
13	Kristoffer Solem	SK Rye		4:17:26	26:06
14	Kristoffer Bugge	SK Rye		4:17:26	26:06
15	Johan Haugseth	SK Rye		4:17:26	26:06
16	Knut Sande	SK Rye		4:17:26	26:06
17	Petter Thoresen	SK Rye / PwC BIL		4:19:40	28:20
18	Christian Askildsen	Team Follo / Drøbak SK		4:20:01	28:41
19	Vidar Gårdsvoll	SK Rye		4:20:24	29:04
20	Henrik Henningsen Kvissel	Stovnerkameratene		4:21:18	29:58
21	Thomas Liebe	IF Frøy		4:21:51	30:31
22	Martin Lien	Heming IL		4:24:26	33:06
23	Jon Hove Pedersen	Ullevål SK		4:24:53	33:33
24	Jens Henrik Haugen	Ottadalen SK		4:25:56	34:36
25	Erlend Nitter	OSI		4:26:21	35:01
26	Peder Stadaas	Usk		4:27:05	35:45
27	Rune Frøysa Åsprang	SK Ceres		4:27:07	35:47
28	Magnus Førre	Stegaberg IL		4:28:05	36:45
29	Henrik Holum	SK Rye		4:28:20	37:00
30	Hans A Mangen	Stovnerkameratene		4:30:31	39:11
31	Martin Jarrett	SK Rye		4:32:14	40:54
32	Fredrik Østby	Østby CK		4:35:53	44:33
33	Lars Selbo	NOTEAM		4:35:56	44:36
34	Tarjei Lægreid	SK Rye		4:37:17	45:57
35	Marius Rosenberg Amundsen	SK Rye		4:40:56	49:36
36	John Øivind Hauge	NOTEAM		4:45:28	54:08
37	Erling Sæveraas	NIFS		4:50:05	58:45
38	Espen Unaas	SK Rye		4:50:35	59:15
39	Thomas Osholt	Moss CK		4:52:41	1:01:21
40	Mathis Dahl Fenre	NOTEAM		4:55:07	1:03:47
41	Sigurd Hagen Falk	SK Rye		4:58:05	1:06:45
42	Eirik Frøysa Åsprang	Ceres		4:58:52	1:07:32
43	Jørgen Østby	Østby CK		4:58:52	1:07:32
44	Calvin Kumalo	IF Frøy		5:07:52	1:16:32
45	Karl André Schau	NOTEAM		5:07:55	1:16:35
46	Nicolay Eskildsen	team Kjekkas		5:10:36	1:19:16
47	Espen Høglund	team Kjekkas		5:12:36	1:21:16
48	Stian Baastad	Frikransen		5:13:45	1:22:25
49	Henrik Sivertsen	Hæren		5:14:56	1:23:36
50	Lars Erik Engen	Studentsamskipnaden i		5:14:56	1:23:36
51	Hans Andreas Aamodt	Hæren		5:14:56	1:23:36
52	Steffen Molvær Rummelhoff	Krigsskolen IL		5:14:56	1:23:36
53	Jonas Andreassen	Rana SK		5:16:53	1:25:33
54	Bjarte Olsen	Team Kjelsåslererne		5:16:53	1:25:33
55	Tore Bekken	Kolbotn SK		5:19:53	1:28:33
56	Eirik Skeid	Rye		5:30:46	1:39:26
57	Andreas Storbråten	Terra BIL		5:38:10	1:46:50
58	Andreas Heldal	OSI sykkel		5:44:38	1:53:18
59	Simen Kristoffer Warp	OSI sykkel		5:50:35	1:59:15
60	Bjørnar Sandland Henriksen	Studentsamskipnaden i		5:52:19	2:00:59
61	Lars Christian Hellevik	ICA Norge		5:58:35	2:07:15
62	Håvard Fredheim	Eiker CK		6:03:30	2:12:10
63	Fredrik Refsnes	Studentsamskipnaden i		6:07:19	2:15:59

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Class	Navn	Klubb	Distrikt	Tid	Etter
M20					
DNF	Joakim Levorsen	Heming IL		2:14:37	
DNF	Martin Røeggen	SK Rye		2:21:20	
DNF	Jakob Lindkvist	Stovnerkameratene		4:09:59	
DNF	Askil V Larsen	SK Ryer		4:19:33	
DNF	Reidar Mathisen	Ergo Group		5:51:01	
Antall	68	Påmeldte: 81	Startende: 81		
M30					
1	Frode Dalen	SK Rye		3:51:20	
2	Rune Morten Johansen	SK Rye		3:51:20	00:00
3	Flemming Kristiansen	SK Rye		3:51:20	00:00
4	Sigurd Gimre	SK Rye		3:51:20	00:00
5	Knut Anders Fostervold	SK Rye		3:51:20	00:00
6	Christer Braathen	SK Rye		3:51:20	00:00
7	Knut Magnus Ljåstad	SK Rye		3:53:27	02:07
8	Lars Eftang	Ullevål SK		3:57:14	05:54
9	Alexander Wefald	Ullevål SK		3:57:14	05:54
10	Bjørn Ivar Ekberg	Stovnerkameratene		3:57:14	05:54
11	Svein Anders Aarsbog	Moss CK		3:57:14	05:54
12	Ola Østvold	Ullevål SK		3:57:14	05:54
13	Aslak Berglund	Ullevål SK		3:57:14	05:54
14	Øistein Olsen	Skårer CK		3:57:14	05:54
15	Lars Billet	Moss CK		3:57:14	05:54
16	Pål-André Thorsby	Team Nedre Buskerud		3:57:44	06:24
17	Torgeir Løge	Team Nedre Buskerud		3:57:44	06:24
18	Jon Henrik Handley	Team Nedre Buskerud		3:57:44	06:24
19	Morten Solvang	Team Nedre Buskerud		3:57:44	06:24
20	Joachim Olsvik	Team Nedre Buskerud		3:57:44	06:24
21	Østen Bergum	Team Nedre Buskerud		3:57:44	06:24
22	Arve Værnes	Team Nedre Buskerud		3:57:44	06:24
23	Thomas Kleven	Team Nedre Buskerud		3:57:44	06:24
24	Jim Risan	Moss CK		3:58:17	06:57
25	Ola Thomas Berntsen	Stovnerkameratene		3:59:40	08:20
26	Kenneth Odden	Norges Bank		4:00:22	09:02
27	Truls Eirik Holm	Team Nedre Buskerud		4:01:16	09:56
28	Tore Haslemo	SK Rye		4:04:03	12:43
29	Dag Solberg	Ullevål SK		4:04:16	12:56
30	Thomas Myhre	Moss CK		4:04:16	12:56
31	Hans Christian Byhring	SK Rye		4:10:10	18:50
32	Dag Torp-Hansen	BOC		4:11:13	19:53
33	Arne Hove	BOC		4:11:18	19:58
34	Truls Paulsen	BOC		4:11:18	19:58
35	Ken Rosendal	SK Rye		4:12:14	20:54
36	Torkjell Skomedal	SK Rye		4:13:33	22:13
37	Tomas Nydal	Stovnerkameratene		4:13:52	22:32
38	Marius Jørgensen	SK Rye		4:14:40	23:20
39	Endre Brask Grønmyr	SK Rye		4:14:40	23:20
40	Henrik Karlson	Moss CK		4:17:16	25:56
41	Kjetil Enger Olsen	Moss CK		4:17:18	25:58
42	Jan Erik Breimo	SK Rye		4:17:26	26:06
43	Øyvind Unhjem	SK Rye		4:17:26	26:06
44	Geir Pettersen	SK Rye		4:17:26	26:06
45	Tore Stensrud	SK Rye		4:17:26	26:06
46	Nils Jørgen Mittet	SK Rye		4:17:26	26:06
47	Thorbjørn Skamo	SK Rye		4:17:26	26:06
48	Bjørn Saksberg	SK Rye		4:17:26	26:06

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M30					
49	Kristian Hauglum	SK Rye		4:17:30	26:10
50	Jonathan Bloomfield	SK Rye		4:17:57	26:37
51	Leif Erik Havnen	NOTEAM		4:19:55	28:35
52	Anders Trømborg	Soon CK		4:19:55	28:35
53	Amund Riiser	Follo SK		4:20:27	29:07
54	Arne Sæterbakken	SK Rye		4:20:28	29:08
55	Jan Egil Strandberg	Vennesla CK		4:20:43	29:23
56	Eirik Hval Jensen	CK Nittedal		4:20:56	29:36
57	Sten Are Grønvold	CK Nittedal		4:20:56	29:36
58	Finn Halland	Hadeland CK		4:20:56	29:36
59	Bjørn Erik Haugmo	Moss CK		4:21:18	29:58
60	Kristoffer Askautrud	Moss CK		4:21:38	30:18
61	Åge Andre Ringstad	IF Frøy		4:21:51	30:31
62	Morten Storli	IF Frøy		4:21:51	30:31
63	Bjørn Rosseland	IF Frøy		4:21:51	30:31
64	Bård Mæland	IF Frøy		4:21:51	30:31
65	Morten Winsnes	IF Frøy		4:21:51	30:31
66	Kyrre Rørstad	IF Frøy		4:21:51	30:31
67	Thorstein Wines	SK Rye		4:22:47	31:27
68	Hans Røragen	BOC		4:24:14	32:54
69	Pål Gustavsen	kork		4:25:21	34:01
70	Trond Solstad	Follo CK		4:26:04	34:44
71	Stefan Ihlen	SK Ceres		4:27:07	35:47
72	Roger Hæhre	SK Ceres		4:27:07	35:47
73	Haakon Stenbekk	FOCC		4:27:07	35:47
74	Sjur Dugstad	FOCC		4:27:07	35:47
75	Kristian Malme	JH Sykkel		4:28:05	36:45
76	Sven Callaerts	Grenland SK		4:28:05	36:45
77	Jørn Vidar Nygård	Team Nedre Buskerud		4:28:23	37:03
78	Magnus Müller	SK Rye		4:28:51	37:31
79	Ketil Dokset	OSI sykkel		4:30:55	39:35
80	Christer Opsann	BOC		4:33:05	41:45
81	Andreas Hallingstad	BOC		4:33:05	41:45
82	Leif Hertenberg	BOC		4:33:05	41:45
83	Christian Heiberg	BOC		4:33:05	41:45
84	Andreas Selvik	BOC		4:33:05	41:45
85	Jo Stenvik	SK Rye		4:34:55	43:35
86	Ivar Bjaadal	Team Nedre Buskerud		4:36:25	45:05
87	Eirik Horjen	Team Nedre Buskerud		4:36:25	45:05
88	Torbjørn Kågen	Team Nedre Buskerud		4:36:25	45:05
89	Vebjørn Rusten	Team Nedre Buskerud		4:36:25	45:05
90	Jørgen Sørensen	Team Nedre Buskerud		4:36:25	45:05
91	Nicholas Thomson	Team Nedre Buskerud		4:36:25	45:05
92	Anders Grønli	Team Nedre Buskerud		4:36:25	45:05
93	Kenneth Antonsen	SK Rye		4:37:14	45:54
94	Bjørn Andre Simonsen	torshov sk		4:37:42	46:22
95	Tron Wiig	Ullensaker CK		4:38:51	47:31
96	Øyvind Kværner	Ullensaker CK		4:38:51	47:31
97	Marcus Smestad	OSI sykkel		4:40:22	49:02
98	Lars Erik Øde	Moss CK		4:41:04	49:44
99	Lasse Sandberg	Moss CK		4:41:04	49:44
100	Bjørn Øverby	SK Rye		4:43:51	52:31
101	Jørgen Lie	SK Rye		4:43:51	52:31
102	Bjørnar Egeland	NOTEAM		4:43:51	52:31
103	Håvard Slinde	SK Rye		4:43:51	52:31
104	Martin Nielsen	SK Rye		4:43:51	52:31
105	Eirik Olsen	SK Rye		4:44:22	53:02

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Class	Navn	Klubb	Distrikt	Tid	Etter
M30					
106	Jan Fredrik Edbo	BOC		4:46:04	54:44
107	Tom Lillemoen	SK Rye		4:46:07	54:47
108	Christoffer Lange	NOTEAM		4:48:26	57:06
109	Bjørn Ole Langø	IF Frøy		4:51:04	59:44
110	Robert Lille-Rødberget	IF Frøy		4:51:04	59:44
111	Birger Hermansen	Moss CK		4:52:42	1:01:22
112	Arne Kildal	kork		4:54:27	1:03:07
113	Lars Petter Musiol	Ullensaker CK		4:54:51	1:03:31
114	Erik Andersen	Ullevål SK		4:56:04	1:04:44
115	Silvio Büttner	Ullevål SK		4:56:04	1:04:44
116	Jørgen Speedy Larsen	Gjallarhornet		4:57:53	1:06:33
117	Arve Sandve	CK Nittedal		4:58:17	1:06:57
118	Stian Chan	SK Rye		4:58:32	1:07:12
119	Christian Andersen	SK Ceres		4:58:52	1:07:32
120	Eirik Thrane Svendsen	SK Ceres		4:58:52	1:07:32
121	Magne Kjensli	SK Ceres		4:58:52	1:07:32
122	Jonas Kullgren	NOTEAM		4:58:52	1:07:32
123	Geir Torum	SK Rye		4:59:50	1:08:30
124	Johan Holmgren	Lørenskog FIL		4:59:52	1:08:32
125	Christian Aanvik	Ullensaker CK		5:06:25	1:15:05
126	Thor Audun Saga	BOC		5:07:10	1:15:50
127	Tony Halvorsen	IF Frøy		5:07:59	1:16:39
128	Aslak Eriksrud	IF Frøy		5:09:06	1:17:46
129	Martin Iden	If skadeforsikring BIL		5:10:32	1:19:12
130	Karl Henry Johansen	team Kjekkas		5:10:36	1:19:16
131	Aleksander Stijelja	Team Kjekkas / Kjekkas		5:10:36	1:19:16
132	Gorm Nøkleby	team Kjekkas		5:10:36	1:19:16
133	Bård Erik Jakobsen	team Kjekkas		5:10:36	1:19:16
134	Kristian Götz	Eiker CK		5:10:37	1:19:17
135	Chris Nerli	team Kjekkas		5:10:52	1:19:32
136	Michael Meyer	NOTEAM		5:12:18	1:20:58
137	Morten Nytnun	Terra BIL		5:13:52	1:22:32
138	Arne Ryhus	Ottadalen SK		5:13:52	1:22:32
139	Fredrik Nilsson	Frøy		5:14:09	1:22:49
140	Kristian Hornvedt	IF Frøy		5:14:18	1:22:58
141	Morten Johansen	Ullensaker CK		5:14:25	1:23:05
142	Roger Mortensen	Hæren		5:14:56	1:23:36
143	Øystein E. Rundfloen	Hæren		5:14:56	1:23:36
144	Jon-Wilhelm Johansen	Hæren		5:14:56	1:23:36
145	Gorm Kluge	Hæren		5:14:56	1:23:36
146	Pål Josten	Hæren		5:14:56	1:23:36
147	Eirik Kittelsen	Follo CK		5:16:04	1:24:44
148	Øyvind Gjermshus	IK Hero		5:16:53	1:25:33
149	Christian Tetlie	Kolbotn SK		5:19:53	1:28:33
150	Erik Blom-Dahl	Kolbotn SK		5:19:53	1:28:33
151	Kenneth Sandberg	Kolbotn SK		5:19:53	1:28:33
152	Thomas Pedersen	Kolbotn		5:19:53	1:28:33
153	Odd Idar Hansen	SK Rye		5:22:10	1:30:50
154	Jan Pinslund	Asker CK		5:23:52	1:32:32
155	Henrik Jenssen	IF Frøy		5:24:56	1:33:36
156	Ingar Øygarden	Multiconsult BIL		5:27:07	1:35:47
157	Tormod Boldvik	Eiker CK		5:28:33	1:37:13
158	Bård Siira	team Kjekkas		5:29:38	1:38:18
159	Øystein Nesse	Follo SK		5:31:00	1:39:40
160	Runar Emmel Hansen	IF Frøy		5:35:24	1:44:04
161	Lasse Roberts	Terra BIL		5:38:11	1:46:51
162	Lars Espeland	Team Krokodille		5:42:43	1:51:23

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M30					
163	Espen Gulbrandsen	Team Krokodille		5:42:47	1:51:27
164	Harald Kristainsen	SK Rye		5:47:07	1:55:47
165	Steinar Aalbu	RENA IL Sykkel		5:48:46	1:57:26
166	Espen Sund	SK Rye		5:56:45	2:05:25
167	Stig Salater	SK Rye		5:56:45	2:05:25
168	Richard Martinsen	Ciber BIL		5:58:34	2:07:14
169	Torgeir Skaare	vallhall		6:02:27	2:11:07
170	Tormod Førre	IK Hero		6:04:53	2:13:33
171	Jo Nguyen	Studentsamskipnaden i		6:07:19	2:15:59
172	Ketil Moen	Studentsamskipnaden i		6:07:19	2:15:59
173	Eirik Andreassen	Studentsamskipnaden i		6:07:19	2:15:59
174	Svein Olav Sturlason	Studentsamskipnaden i		6:07:19	2:15:59
175	Harald Westby	Studentsamskipnaden i		6:07:19	2:15:59
176	Jørgen Dyrkorn	Hæren		6:11:31	2:20:11
DNF	Torkjell Hillestad	SK Rye		1:58:44	
DNF	Kjell-Olav Bjerknes	Stovnerkameratene		2:05:44	
DNF	Eelco Van Weerdhuizen	SK Rye		2:50:49	
DNF	Tor Helge Huse	OSI sykkel		3:39:56	
DNF	Eskil Sjøli	Hæren		5:20:56	
DNF	Kristoffer Erichsen	Follo CK		5:27:03	
DNF	Thomas Torstveit	Ullevål SK		6:13:00	
DNF	Martin Helgen	Tanum IF		6:46:39	
Antall	184	Påmeldte: 204	Startende: 204		

M40

1	Sindre Næss	SK Rye		3:51:20	
2	Anders Åsberg	SK Rye		3:51:20	00:00
3	Per Christian Brekke Sjøli	SK Rye		3:51:20	00:00
4	Terje Strøm	SK Rye		3:52:53	01:33
5	Bjørnar Talset	SK Rye		3:54:40	03:20
6	Trond Ristvedt	Ullevål SK		3:57:14	05:54
7	Rune Holtze Jensen	Moss CK		3:57:14	05:54
8	Tom Lund	Sagene IF Sykkel		3:57:14	05:54
9	Tom Bent Mikalsen	Moss CK		3:57:14	05:54
10	Roger Søttar	Ullevål SK		3:57:14	05:54
11	Audun Evertsen	SK Ceres		3:57:14	05:54
12	Henning Nitschke	Team Nedre Buskerud		3:57:44	06:24
13	Finn-Vegard Nordhagen	Team Nedre Buskerud		3:57:44	06:24
14	Runar Sørensen	Team Nedre Buskerud		3:57:44	06:24
15	Skule Smørgrav	Team Nedre Buskerud		3:57:44	06:24
16	Morten Refstad	SK Rye		4:01:58	10:38
17	Arne Myklemyr	Team Nedre Buskerud		4:07:14	15:54
18	Rune Holden	SK Rye		4:07:44	16:24
19	Kjell Harald Horn	SK Rye		4:08:05	16:45
20	Frank Thommesen	SK Rye		4:11:02	19:42
21	Erik Windelstad	Drammen CK		4:11:13	19:53
22	Kristian Evensen	BOC		4:11:16	19:56
23	Pål Tangen	Asker CK		4:11:18	19:58
24	Jon Amundsen	BOC		4:11:18	19:58
25	Tom Rune Lian	BOC		4:11:18	19:58
26	Terje Sirevaag	Gylne Tider		4:11:18	19:58
27	Torfinn Jonassen	BOC		4:11:27	20:07
28	Helge Mosveen	Asker CK		4:12:30	21:10
29	Arent Anfinnsen	BOC		4:12:34	21:14
30	Geir-Egil Bolstad	BOC		4:13:10	21:50
31	Cato Rokne	SK Rye		4:14:40	23:20

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Class	Navn	Klubb	Distrikt	Tid	Etter
M40					
32	Svein Hetland	SK Rye		4:14:40	23:20
33	Christian Schmidt	SK Rye		4:14:40	23:20
34	Roy Victor Brunstrøm	SK Rye		4:14:40	23:20
35	Anders Juell	SK Rye		4:14:40	23:20
36	Frode Wassås	SK Rye		4:14:40	23:20
37	Arne Steffensen	SK Rye		4:17:26	26:06
38	Pål Lønseth	SK Rye		4:17:26	26:06
39	Pål Aasvestad	Follo SK		4:19:38	28:18
40	Kåre Furulund	SK Rye		4:19:40	28:20
41	Morten Nygård	Velo Club Zoncolan		4:19:55	28:35
42	Kimmo Delfin	CK ECI Champion		4:19:55	28:35
43	Asbjørn Strømberg	Follo SK		4:19:55	28:35
44	Øyvind Melvold	Drøbak SK		4:19:55	28:35
45	Charles Granquist	Follo CK		4:19:55	28:35
46	Frank Tønden	Drøbak SK		4:20:00	28:40
47	Rune Lie	Drøbakk SK		4:20:01	28:41
48	Erik Tjøtta	Frikransen		4:20:33	29:13
49	Mogens Iuel	NOTEAM		4:20:33	29:13
50	Petter Ønvik	CK Nittedal		4:20:56	29:36
51	Lars Håvard Meli	Hadeland CK		4:20:56	29:36
52	Espen Ristvedt	CK Nittedal		4:20:56	29:36
53	Stig-Arve Amdal	CK Nittedal		4:20:56	29:36
54	Tormod Sunnvoll	Follo CK		4:21:07	29:47
55	Frank Røstgård	Drøbak sk DFI		4:21:07	29:47
56	Espen Renholt	Stovnerkameratene		4:21:18	29:58
57	Steinar Knutsen	IF Frøy		4:21:51	30:31
58	Jarle Kvam	SK Rye		4:23:25	32:05
59	Trond Askautrud	Nesodden CK		4:25:33	34:13
60	Fredrik Lingvall	SK Rye		4:25:50	34:30
61	Lars Grande	SK Ceres		4:27:07	35:47
62	Anders Huus	SK Ceres		4:27:07	35:47
63	Dag Haaker	SK Ceres		4:27:07	35:47
64	Morten Nydahl	Ceres		4:27:07	35:47
65	Kjetil Kviseth	Team Foss Sport		4:27:07	35:47
66	Pål Hansen	SK Ceres		4:27:07	35:47
67	Tarjei Blåsås	SK Ceres		4:27:07	35:47
68	Stig Trondsen	Ceres		4:27:07	35:47
69	Trond Buksrud	SK Ceres		4:27:07	35:47
70	Ketil Tørtberg	SK Ceres		4:27:07	35:47
71	Knut Meiningen	Ceres		4:27:07	35:47
72	John Arild Ringen	SK Ceres		4:27:07	35:47
73	Hans Jørgen Lihaugen	Ceres		4:27:07	35:47
74	Vidar Buksrud	SK Ceres		4:27:07	35:47
75	Fred Pettersen	SK Rye		4:27:09	35:49
76	Rune Berg	SK Ceres		4:28:09	36:49
77	Harald Indrebø	SK Rye		4:28:50	37:30
78	Bjørn Harald Gudmundsen	IK Hero		4:28:56	37:36
79	Per Ivar Netteberg	IK Hero		4:28:56	37:36
80	Svein Olav Lindtveit	IK Hero		4:28:56	37:36
81	Gunnar Ligaarden	SK Rye		4:28:56	37:36
82	Bjørn Kåre Amdal	BOC		4:32:03	40:43
83	Roger Rake	BOC		4:33:05	41:45
84	Morten Jørve	BOC		4:33:05	41:45
85	Dag Solberg	BOC		4:33:05	41:45
86	Magne Hunvik	BOC		4:33:05	41:45
87	Erling Nordhagen	BOC		4:33:05	41:45
88	Olav Nygård	BOC		4:33:05	41:45

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M40					
89	Odd Willy Brude	BOC		4:33:05	41:45
90	Tord Skoe Fredriksen	BOC		4:33:05	41:45
91	Jan Tore Sletta	BOC		4:33:05	41:45
92	Vidar Helgesen	NOTEAM		4:33:05	41:45
93	Ole-Rikard Hammer	Asker CK		4:33:05	41:45
94	Jens Grøtheim	Drøbak sykkelklubb		4:33:09	41:49
95	Are Muri	BOC		4:33:29	42:09
96	Geir Sundin	Ullevål SK		4:35:41	44:21
97	Trond Stabell	CK Toten-Tråkk		4:35:56	44:36
98	Tore Fonn	Team Nedre Buskerud		4:36:25	45:05
99	Sveinung Lund	Team Nedre Buskerud		4:36:25	45:05
100	Rune Larsen	Team Nedre Buskerud		4:36:25	45:05
101	Per Ove Windelstad	Team Nedre Buskerud		4:36:25	45:05
102	Trond Dahl Hansen	Team Nedre Buskerud		4:36:25	45:05
103	Håkon Svendsen	Team Nedre Buskerud		4:36:25	45:05
104	Ståle Fredheim	Team Nedre Buskerud		4:36:25	45:05
105	Arild Nielsen	Team Nedre Buskerud		4:36:25	45:05
106	Lars Lien	Hadeland		4:37:07	45:47
107	Ken Roger Bredeveien	SK Rye		4:37:31	46:11
108	Rune Edvin Enholm	BOC		4:37:49	46:29
109	Magnar Myrvold	Team Nedre Buskerud		4:38:26	47:06
110	Håvard Kalvøy	Follo CK		4:38:27	47:07
111	Frode Lillerovde	Ullensaker CK		4:38:51	47:31
112	Trond Kongerud	Ullensaker CK		4:38:51	47:31
113	Ronny Warming	Ullensaker CK		4:38:51	47:31
114	Ståle Murud	Falck Sykkel register		4:38:51	47:31
115	Tommy Torgersen	Eidsvoll SK		4:38:51	47:31
116	André Warming	Ullensaker CK		4:38:51	47:31
117	Willy Andersen	Ullensaker CK		4:38:51	47:31
118	Stein Eriksen	Ullensaker		4:39:14	47:54
119	Terje Ullereng	Ullensaker CK		4:39:15	47:55
120	Geir Olav Halset	CK Nittedal		4:40:07	48:47
121	Helge Knutzen	NOTEAM		4:40:18	48:58
122	Ulf Johansen	Ullensaker CK		4:40:38	49:18
123	Knut Grotli	NOTEAM		4:41:37	50:17
124	Willy Nordnes	SK Rye		4:43:51	52:31
125	Per Rune Weimoth	SK Rye		4:43:51	52:31
126	Jørn Andersen	SK Rye		4:44:09	52:49
127	Asbjørn R. Hansen	Team Nedre Buskerud		4:44:14	52:54
128	Anders Pihler	Follo CK		4:46:24	55:04
129	Hans Nicolai Edbo	BOC		4:46:28	55:08
130	Ingar Jensen	IF Frøy		4:51:04	59:44
131	Karl Egil Stubsjøen	IF Frøy		4:51:04	59:44
132	Rune Hansen	Frøy		4:51:04	59:44
133	Inge Tveraaen	Frøy		4:51:04	59:44
134	Bjørn Erik Langtangen	IF Frøy		4:51:04	59:44
135	Magne Stedøy-Johansen	IF Frøy		4:51:04	59:44
136	Geir Westgaard	IF Frøy		4:51:04	59:44
137	Roald Eide	IF Frøy		4:51:04	59:44
138	Arne Hanssen	IF Frøy		4:51:04	59:44
139	Hans-Ivar Aalerud	IF Frøy		4:51:04	59:44
140	Stein Kjetil Rånes	IF Frøy		4:51:04	59:44
141	Frode Åsmul	IF Frøy		4:51:04	59:44
142	Otto Jæger	IF Frøy		4:51:04	59:44
143	Bjørn Rygnestad	NOTEAM		4:51:46	1:00:26
144	Kjell Arne Kroken	Lågen CK		4:52:07	1:00:47
145	Kjetil Standal	SK Ceres		4:52:18	1:00:58

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M40					
146	Christian Haug	Moss CK		4:52:42	1:01:22
147	Robert Fredriksen	Team Nedre Buskerud		4:53:05	1:01:45
148	Glenn Rimmereide	Ullensaker		4:54:44	1:03:24
149	Klemet Gaski	Frøy		4:55:22	1:04:02
150	Kjellbjørn Hatlebakk	ulstein osk		4:55:28	1:04:08
151	Jon Fredrik Fikse	Ullensaker CK		4:56:25	1:05:05
152	Bård Bjerkeland	Ceres		4:58:52	1:07:32
153	Claus Schmidt	Sagene IL		4:58:52	1:07:32
154	Knut Soleim	Ceres		4:58:52	1:07:32
155	Gunnar Ottesen	Ceres		4:58:52	1:07:32
156	Pål A Olsen	SK Ceres		4:58:52	1:07:32
157	Ole Loftesnes	SK Ceres		4:58:52	1:07:32
158	Tore Asbjørnsen	SK Ceres		4:58:52	1:07:32
159	Terje Solberg	SK Ceres		4:58:52	1:07:32
160	Esben Garlie	TV 2		5:02:05	1:10:45
161	Svein Erik Tverli	SK Rye		5:03:52	1:12:32
162	Njål Engløk	Frikransen		5:03:57	1:12:37
163	Asgeir Ulland	Lågen SK		5:04:09	1:12:49
164	John Erlend Laderud	Hadeland CK		5:04:41	1:13:21
165	Vidar Hovde	SK Rye		5:06:53	1:15:33
166	Knut Ove Pettersen	NOTEAM		5:07:41	1:16:21
167	Anthony Dinning	IF Frøy		5:07:47	1:16:27
168	Lars Løvaas	IF Frøy		5:07:47	1:16:27
169	Torsten Amundsen	IF Frøy		5:07:47	1:16:27
170	Thomas Nordtorp	IF Frøy		5:07:47	1:16:27
171	Thomas Plagemann	SK Ceres		5:08:52	1:17:32
172	Tim Bennett	Frikransen		5:10:08	1:18:48
173	Ivar Knotten	Hæren		5:14:56	1:23:36
174	Egil Daltveit	Hæren		5:14:56	1:23:36
175	Arild Skjold	Hæren		5:14:56	1:23:36
176	Anders Hagen	Hæren		5:14:56	1:23:36
177	Tore Hansen	Hæren		5:14:56	1:23:36
178	Stig Laursen	Hæren		5:14:56	1:23:36
179	Geir Torgersen	SK Ceres		5:16:12	1:24:52
180	Dagfinn Forsaa Andersen	NOTEAM		5:16:53	1:25:33
181	Anders Henni	Asker CK		5:19:41	1:28:21
182	Henrik Mortensen	Kolbotn SK		5:19:53	1:28:33
183	Jan Tore Kristiansen	Kolbotn SK		5:19:53	1:28:33
184	Egil Olsen	Kolbotn SK		5:19:53	1:28:33
185	Baard Wright	Kolbotn SK		5:19:53	1:28:33
186	Steinar Tømmerås	Kolbotn SK		5:19:53	1:28:33
187	Egil Bagge-Skarheim	Kolbotn SK		5:19:53	1:28:33
188	Ulf Bergqvist	Kolbotn SK		5:19:53	1:28:33
189	Kai Pettersen	Kolbotn SK		5:19:53	1:28:33
190	Rune Gustavsen	Kolbotn SK		5:19:53	1:28:33
191	Knut Hansen	Kolbotn SK		5:23:53	1:32:33
192	Tom Erik Magnussen	IF Frøy		5:24:56	1:33:36
193	Bror Just Andersen	BOC		5:29:16	1:37:56
194	Johnny Rognså	IF Frøy		5:29:19	1:37:59
195	Trond Skistad	Eiker CK		5:29:47	1:38:27
196	Jørgen Olav Grann	biker boys		5:30:08	1:38:48
197	Bjørnar Sørensen	SK Ceres		5:30:08	1:38:48
198	Øyvind Øen Danielsen	IF Frøy		5:33:52	1:42:32
199	Ole Martin Mæland	IF Frøy		5:33:52	1:42:32
200	John Sagbakken	Nes SK		5:34:16	1:42:56
201	Geir Akselsen	IF Frøy		5:36:53	1:45:33
202	Espen Bengston	Gjallarhornet		5:41:01	1:49:41

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M40					
203	Svein-Morten Willumsen	Pakkepost BIL		5:47:19	1:55:59
204	Terje Størset	OsloSportslagerBIL		5:53:31	2:02:11
205	Tore Marthinsen	SK Rye		5:56:45	2:05:25
206	Frode Buraas	Studentsamskipnaden i		6:07:19	2:15:59
207	Bård Antonsen	Studentsamskipnaden i		6:07:19	2:15:59
208	Robert Franco	IF Frøy		6:09:25	2:18:05
209	Tor Halland	IF Frøy		6:29:41	2:38:21
210	Fredrik Kjelman	Gjallarhornet		6:42:15	2:50:55
DNF	Tormod Guldvog	IF Frøy		1:17:24	
DNF	Ulf Indahl	Follo CK		1:32:38	
DNF	Lars Folke Nordmark	SK Rye		2:11:31	
DNF	Per Anchersen	BOC		2:19:40	
DNF	Vidar Moen	HTC Pride		2:37:44	
DNF	Gunnar Fjellhaug	torshov sk		3:33:22	
Antall	216	Påmeldte: 230	Startende: 230		

M50

1	Geir Kjær Ullevål	Ullevål SK		3:57:14	
2	Jan Dekko	Team Nedre Buskerud		3:57:44	00:30
3	Pål Bakke	Team Nedre Buskerud		3:57:44	00:30
4	Einar R Solberg	SK Rye		3:58:56	01:42
5	Lars Thomas Moen	BOC		4:12:20	15:06
6	Runar Brock	SK Rye		4:14:40	17:26
7	Stein Bjerkeset	SK Rye		4:17:26	20:12
8	Josef Noll	SK Rye		4:17:26	20:12
9	Tron Ihler	IF Frøy		4:17:30	20:16
10	Dag Svendsen	CK Nittedal		4:20:56	23:42
11	Rolf Jappêe	CK Nittedal		4:20:56	23:42
12	Lorentz Tanner	Frøy		4:21:51	24:37
13	Jan Bodin	IF Frøy		4:21:51	24:37
14	Steinar Forsmo	Frøy		4:21:51	24:37
15	Oddbjørn Nilsen	SK Ceres		4:27:07	29:53
16	Johnny Ihlen	SK Ceres		4:28:17	31:03
17	Are Reines	Kolbotn SK		4:32:56	35:42
18	Gary Turner	Notodden		4:33:05	35:51
19	Sigmund Haugen	BOC		4:33:05	35:51
20	Jan-Tore Dannemark	Drøbak sykkelklubb		4:33:16	36:02
21	Rune Gjesdahl	CK Nittedal		4:35:41	38:27
22	Svein Lamo	CK Nittedal		4:35:41	38:27
23	Gunnar Habberstad	Ullensaker CK		4:38:51	41:37
24	Kjell-Otto Jørgensen	Ullensaker CK		4:38:51	41:37
25	Helge Evensen	Ullensaker CK		4:38:51	41:37
26	Frode Svartdal	Tromsø CK		4:42:02	44:48
27	Jarle Dreierstad	Kondis		4:48:13	50:59
28	Jan Slappgård	IF Frøy		4:51:04	53:50
29	Terje Rabben	IF Frøy		4:51:04	53:50
30	Bård Reppen	IF Frøy		4:51:04	53:50
31	Stein Ingebretsen	Team Nedre Buskerud		4:53:26	56:12
32	Carl Aamodt	Frøy		4:53:52	56:38
33	Johnny Jørgenvåg	SK Ceres		4:58:52	1:01:38
34	Knut Espeland	BOC		5:00:53	1:03:39
35	Lars Hansen	IF Frøy		5:01:48	1:04:34
36	Håkan Spång	SK Ceres		5:08:52	1:11:38
37	Johan Høgset Jansen	SK Ceres		5:08:52	1:11:38
38	Steinar Eggen	Kløfta Sykkel		5:12:48	1:15:34
39	Are Trøan	IF Frøy		5:14:09	1:16:55

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Class	Navn	Klubb	Distrikt	Tid	Etter
M50					
40	Randolf Walderhaug	Oslofjord Triatlon		5:16:23	1:19:09
41	Halvor Aalerud	Follo CK		5:16:45	1:19:31
42	Lasse Meholm	Team Follo		5:16:45	1:19:31
43	Steinar Strøm	Drøbak-Frogn IL Sykkel		5:16:46	1:19:32
44	Jan-Erik Rygh	Kolbotn SK		5:19:53	1:22:39
45	Ove Olstad	Kolbotn SK		5:19:53	1:22:39
46	Per Erik Nyrud	Kolbotn SK		5:19:53	1:22:39
47	Morten Gran	Kolbotn SK		5:19:53	1:22:39
48	Are Reines	Kolbotn		5:19:53	1:22:39
49	Harald Beckhaug	Kolbotn SK		5:19:53	1:22:39
50	Håkon Wibstad	Høegh Sport		5:21:41	1:24:27
51	Jørn Michalsen	IF Frøy		5:29:44	1:32:30
52	Finn Sveiven	IF Frøy		5:31:24	1:34:10
53	Kjell Aspen	IF Frøy		5:36:53	1:39:39
54	Geir Tresselt	Frøy		5:36:53	1:39:39
55	Per Laudal	IF Frøy		5:37:18	1:40:04
56	Tom Foss	Romeriksåsen SK		5:38:54	1:41:40
57	Bjørn Nordhagen	CK Nittedal		5:40:26	1:43:12
58	Bjørn Garder	Nesodden CK		5:42:14	1:45:00
59	Per Gunnar Jørgensen	N-R A/S		5:42:14	1:45:00
60	Magne Aldrin	FBI		5:42:15	1:45:01
61	Inge Sundbakken	SK Rye		5:56:45	1:59:31
62	Øivind Braathen	Ciber BIL		5:58:34	2:01:20
63	Odd Arne Hellevik	Ciber BIL		5:58:34	2:01:20
64	Tom Tørnquist	Studentsamskipnaden i		6:07:19	2:10:05
65	Inge O. Solberg	Studentsamskipnaden i		6:07:19	2:10:05
DNF	Sigurd Røeggen	SK Rye			
DNF	Baard Aas	Ullensaker CK		1:59:50	
DNF	Kjell Arild Bakken	Kolbotn SK		2:13:56	
DNF	Sten Ove Jensen	BOC		2:21:52	
DNF	Ole A Baalsrud	SK Rye		3:06:07	
DNF	Franz Burmann	SK Ceres		5:31:13	
Antall	71	Påmeldte: 85		Startende: 85	

M60

1	Tor-Arne Simonsen	Team HTC Pride		4:20:32	
2	Fredrik Lamo	Torshov Sykkelklubb		4:20:56	00:24
3	Gunnar Bøhmer	SK Rye		4:53:02	32:30
4	Roger Larsson	CK Nittedal		5:08:52	48:20
5	Stig Arne Bjørgan	Kolbotn SK		5:19:53	59:21
6	Tor Myrseth	SK Rye		5:50:12	1:29:40
7	Thore Skollingsberg	Studentsamskipnaden i		6:07:19	1:46:47
Antall	7	Påmeldte: 7		Startende: 7	